



In the Spotlight...

The Dynamic Support Register

In this Spotlight on practice...

Led by the Humber Transforming Care Partnership, Dynamic Support Registers (DSRs) and Care and Treatment Reviews (CTRs) are essential elements of the pathway providing people with a learning disability and autistic people with appropriate support and care at the right time – so that they can lead the lives they want to and meet their ambitions and aspirations; and can stay safely and healthily in the community or return to this as soon as possible.

In this edition you can, find information about ...

- What the Dynamic Support Register is
- How to make a referral if you feel someone should be on the DSR
- What happens after a referral has been made
- Further information and resources



What is the Dynamic Support Register?

The Dynamic support register (DSR) brings together the services who help children, young people, and adults with learning disabilities and/or autism. The goal is to make sure that people with learning disabilities and/or autism and their carers receive good and timely support so that they do not need to go to a mental health hospital if they are struggling to cope in the community.

The Dynamic Support Register (DSR) is a list of people with a learning disability and autistic people who need support. People on the Dynamic support register are at risk of going into hospital if they do not get the right care and treatment in the community.

The list tells health and care staff about the type of support a person with a learning disability or an autistic person needs to stay well at home.

The DSR is NOT a crisis service but instead aims to put plans in place to help mitigate and manage risk.

Once a person is accepted onto the DSR, a group of multi-agency professionals will come together to:

- ensure robust care packages are in place for timely hospital discharge
- identify alternatives to hospital admission
- work together to identify provision within community services
- consider how to improve outcomes for the person
- reduce and/or address any health inequalities

How to make a referral to the DSR

The criteria for acceptance onto the Dynamic Support Register is:

‘Anyone with a learning disability and/or who is autistic, who is open to health and social care, and in crisis with their mental health. The referral must be made by the person’s lead professional with consent or a recorded best interest decision.’

To make a referral to the Dynamic Support Register, you can use referral form on the Humber Transforming Care Partnership website available here – [Humber, North Yorkshire and York Dynamic Support Register & CETR Referral document](#).

If you are unsure whether a person is registered on the Dynamic Support Register (DSR) or if you need further advice and guidance, you can contact the Humber DSR Lead via email:

- **hnyicb-ery.admissionvoidancehub@nhs.net** - Humber (Hull, East Riding, North Lincolnshire, North East Lincolnshire)

Information about the DSR for children and young people (up to 25 years) can be found on the [SEND Local Offer website](#).

What happens when a referral has been made?

When a referral has been made, the team will review the information provided to ensure that the criteria for inclusion on the DSR has been met.

If a person is accepted onto the DSR, the following RAG rating will be used to determine the action and output required:

Blue (Inpatient)	<ul style="list-style-type: none"> • Used to identify people needing commissioner oversight visits (8 weekly) and inpatient Care (Education) Treatment Reviews (C(E)TR). A C(E)TR is a person-centred review to ensure the care, education (for children and young people) and treatment and support needs of the individual person and their family are met, and that barriers to progress and/or discharge are challenged and overcome • Access to the Keyworker service can be made for individuals up to the age of 25 • For adults, a referral to Forensic outreach service and or Intensive Support Teams can be considered • An inpatient C(E)TR must be offered post admission (within 28 days for adults and 14 days for tier 4) • A repeat C(E)TR must be offered 3 monthly for tier 4; 6 monthly for adults unless the person is in a secure setting which is 12 monthly • A review of C(E)TR action plan within 12 weeks • Separate in-patient scoring via 12-point plan for discharge
Red	<ul style="list-style-type: none"> • A community C(E)TR must be considered • A Local Area Emergency Protocol (LAEP) meeting may be considered • A referral to the Keyworker service can be made for individuals up to the age of 25 • For adults, a referral to Forensic outreach service and or Intensive Support Teams can be considered
Amber	<ul style="list-style-type: none"> • Multi-agency meeting can be called. • A C(E)TR can be offered. • A referral to the Keyworker service can be considered
Green	<ul style="list-style-type: none"> • Clear identification of MDT meeting members currently managing risks • Consider discharge from DSR if individual remains on Green for 3 months with no identified unmanaged risk

Further reading and resources

NHS England have published Dynamic Support Register and Care (Education) and Treatment Review Policy and Guidance as below. Easy read and plain English versions are also available below:

- [Policy and guidance](#)
- [Easy read version](#)
- [Plain English version](#)
- [Young person guide – 16 to 25 years](#)

Supplementary guidance on Supporting people with a learning disability and autistic people to get the right care, at the right time, in the right place is also [available here](#). This gives some additional information about the DSR.

Other resources that you may find useful are available below:

- [Humber Teaching NHS Foundation Trust video – Dynamic Support Register Animation](#)
- [A Family Survival Guide leaflet](#) created by families provides practical advice to ensure people with learning disabilities or autism avoid institutional care
- Information about the Dynamic Support Keyworker Service for adults aged 25 and below can be found here - [Humber and North Yorkshire Dynamic Support Keyworker Service | Humber Teaching NHS Foundation Trust](#)

For further information, please visit our website



Safeguarding Adults Board
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