

Practitioner tips from national research

- Show humanity
 - Be reliable
 - Show empathy
- Demonstrate patience
- Be honest, open and transparent
- Work at the person's own pace
- Utilise person-centred, strengths-based and relational approaches

Remember!

Refer to and utilise the North Lincolnshire Workforce Tool to guide your approach when working with people. The tool was created by local people who have a lived experience of adult safeguarding and is available on our website.



Below are approaches people have said they value in practitioners

- Empathy, kindness, patience
- Don't make judgements about me
- Do not make assumptions about what I want or need
- Take time to understand what is important to me
 - To be treated with respect
 - To take account of what have been through
- To give you confidence and the ability to value yourself
 - Be honest with me
 - Be someone I can trust
- For someone to stop and listen to what I am saying

Building positive relationships with people who self-neglect

This help card shares a range of tips for practitioners on how to build positive relationships with people who live in circumstances of self-neglect. Building relationships is critical to supporting people to achieve change, and in ensuring their safety and protection.

Further information can also be found on the Safeguarding Adults Board website:

www.northlincssab.co.uk.

A woman with long dark hair, wearing a purple long-sleeved top and dark purple trousers, stands to the right of a sign. She is holding the sign with her right hand and has her left hand on her hip. The sign is a light brown rectangle with the text 'Top tips!' written in a bold, dark blue font. The sign is supported by a red vertical pole.

Top tips!

