

# Experts Together Safeguarding Together

A Carers' Experience of Safeguarding  
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#NLSAB23



# Who is considered a carer?

‘A carer is anyone, including children and adults, who looks after a family member, partner or friend who needs help because of their illness, frailty, disability, a mental health problem or an addiction, and cannot cope without their support. The care they give is unpaid.’

[NHS commissioning » Who is considered a carer? \(england.nhs.uk\)](#)

# How many carers are there?

- On Census Day 2021 (21<sup>st</sup> March 2021) there were approximately 4.7 million unpaid carers in England (over the age of 5), 8.9% of the population (1).
- There are 15,430 unpaid carers in North Lincolnshire, or 9.6% of the total population (2).
- 5186 of these carers provide 50 or more hours of care a week (2).

<sup>1</sup> [Unpaid care by age, sex and deprivation, England and Wales - Office for National Statistics \(ons.gov.uk\)](https://www.ons.gov.uk/peoplepopulationandcommunity/healthandcare/articles/unpaid-care-by-age-sex-and-deprivation-england-and-wales-2021)

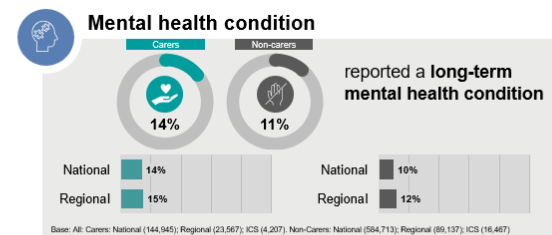
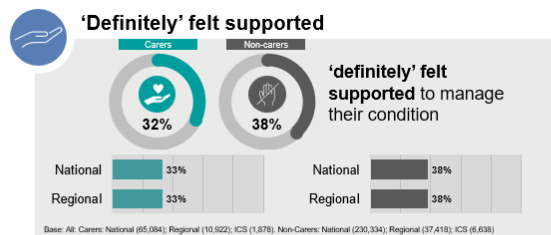
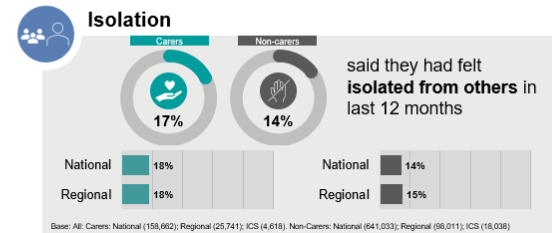
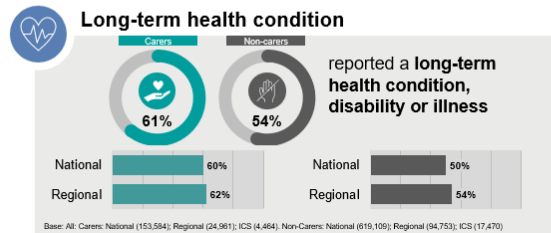
<sup>2</sup> [2021 Census - Census of Population - Data Sources - home - Nomis - Official Census and Labour Market Statistics \(nomisweb.co.uk\)](https://www.nomisweb.co.uk/census/2021/census-of-population-data-sources)

# What is the impact of being a carer?

## Carers health

HUMBER, COAST AND VALE ICS

GP PATIENT SURVEY



# Carers resource packs



VOLUNTARY SERVICE



# Carers resource packs

## Identification

- Guidance on ways to identify carers.
- Information on the work across the system to support carers.

## Support

- Support to services with regards to the benefits of working with unpaid carers.
- Support to services on actions they can take to support unpaid carers.

## Signposting

- Easy access to information on the local services that carers can be made aware of.
- Information on actions to support young carers / carers from every population, and working carers.
- ARRS roles.

# Caring for someone who can't manage without you?

Sister



Husband



Friend



Daughter



Mum



Nan



For free,  
friendly  
& confidential  
support call

**01652 650585**



**North  
Lincolnshire  
Council**



# Support for unpaid carers in North Lincolnshire

Adult carers & parent carers	Carers Support Centre Tel: 01652 650585	<a href="http://www.carerssupportcentre.com">www.carerssupportcentre.com</a>	
Young carers (age 5 to 17)	Young Carers Service Tel: 01724 297000	<a href="http://www.northlincs.gov.uk/people-health-and-care/caring-for-someone">www.northlincs.gov.uk/people-health-and-care/caring-for-someone</a> Note that parental consent is required for a referral to the service	
Adult social prescribing	Primary Care Network - East & West	Referral from healthcare professional	
	Primary Care Network - North & South	Referral from healthcare professional	
All	Live Well in North Lincolnshire Website	<a href="http://www.livewellnorthlincolnshire.org.uk">www.livewellnorthlincolnshire.org.uk</a> Information on a wide range of services	
Adult carers & parent carers	Family Carer Support Team Tel: 01724 298393	<a href="http://www.northlincs.gov.uk/people-health-and-care/caring-for-someone">www.northlincs.gov.uk/people-health-and-care/caring-for-someone</a>	

[Caring for someone - North Lincolnshire Council \(northlincs.gov.uk\)](http://www.northlincs.gov.uk)

