



Useful Telephone Numbers

Always call 999 in an Emergency

SERVICE	TELEPHONE NUMBER
CHILDLINE	08081 689667 (free phone)
CITIZENS ADVICE BUREAU	01724 870941
NORTH LINCOLNSHIRE WOMEN'S REFUGE	01724 289299
HOUSING ADVICE TEAM (SAME NUMBER FOR OUT OF HOURS AFTER 5PM)	01724 297000
HUMBERSIDE POLICE (NON-EMERGENCY)	101
NATIONAL DOMESTIC ABUSE HELPLINE (24/7)	0808 2000 247
NHS DIRECT	0845 4647
SAMARITANS (24/7) FREEPHONE	116123
THE BLUE DOOR	0800 197 4787
VICTIM SUPPORT	0300 303 1976
GIFTED	01724 280340
WE ARE WITH YOU	01724 857633