

SELF-NEGLECT



This is when a person neglects their own personal hygiene, health, or their environment (home).



This abuse can happen in different ways, other people may recognise it first!

Self-Neglect is when someone is not looking after themselves properly and may cause harm to themselves.



When you are not eating properly



When you don't wash or bathe regularly



When you don't wash your clothes, so that you have something clean to wear.



When you don't take you medication as you should.



Your home is not kept uncluttered to reduce fire risks



ABUSE IS WRONG!



YOU MUST ALWAYS TELL SOMEONE!



DO NOT IGNORE IT! REPORT IT!



You can also call the North Lincolnshire Safeguarding Adults Team on:



Tel: (01724) 297000





Monday - Thursday 9am - 5pm

Friday 9am - 4.30pm



Call the Police if a crime has been committed



In an emergency call 999



If it is not an emergency call 101