



PSYCHOLOGICAL ABUSE



Is when someone makes you feel sad or upset.



This abuse can happen in different ways, other people may recognise it first!

Psychological abuse can be when someone talks to you in an unkind way.



Teasing you or ignoring you



Treating you like a child



Calling you names / Using threatening language



Shouting at you



Blaming you for things when it's not your fault



ABUSE IS WRONG!



**YOU MUST ALWAYS TELL
SOMEONE!**



DO NOT IGNORE IT! REPORT IT!

**North
Lincolnshire
Council**

**You can also call the North Lincolnshire
Safeguarding Adults Team on:**



Tel: (01724) 297000



Monday – Thursday 9am – 5pm

Friday 9am – 4.30pm



Call the Police if a crime has been committed



In an emergency call 999



If it is not an emergency call 101