



DOMESTIC ABUSE



Is when a partner, or someone else in the family you live with, hurts a person / you, or makes them scared upset or frightened.



Other people may recognise it before you do!



Domestic abuse is when a partner or family member hurts you!



It is sometimes called Domestic Violence



Biting



Name Calling



Neglecting



Not letting you have your money



Making you feel scared



Making you cry a lot



Stopping you seeing your friends and family



Not letting you go out and about or do your normal activities



ABUSE IS WRONG!



**YOU MUST ALWAYS TELL
SOMEONE!**



DO NOT IGNORE IT! REPORT IT!

**North
Lincolnshire
Council**

**You can also call the North Lincolnshire
Safeguarding Adults Team on:**



Tel: (01724) 297000



Monday – Thursday 9am – 5pm

Friday 9am – 4.30pm



Call the Police if a crime has been committed



In an emergency call 999



If it is not an emergency call 101