

Affected by a suicide?

We can help.

We are here for you.

 mind Hull and East Yorkshire

 mind North East Lincolnshire

We are here for you

If you have been affected by a suicide, or suspected suicide, we want you to know that Hull and East Yorkshire and North East Lincolnshire Mind are here for you. We're available today, tomorrow and in the future – for people living in Hull, East Riding of Yorkshire, North and North East Lincolnshire.

If you would like more information, please call our 24/7 Information Line on 01482 240133, text us on 07520633447 or email info@heymin.org.uk.

Please remember that you are not alone.

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